

Heaven at Bliss Menu of Medical Spa Services

with Rochelle Lynam, PA-C

Botox/ Xeomin

\$7/ unit

Botox is a prescription medication that is injected into facial muscles to temporarily decrease wrinkles, creating a youthful appearance and anti-aging prevention. It is most often used to decrease wrinkles between the eyebrows, forehead lines and crows feet.

Botox is a safe and effective way to freshen up your appearance creating a more youthful look. Facial results typically last 3-4 months. The number of units are dependent on age, gender and desired results with an average of 20-55 units.

Most clients will need:

- Furrow lines 10-20 units
- Forehead lines 10-20 units
- Crows feet 12-20 units

Microneedling

\$200

The Rejuvapen micro-needling device is a safe, non-laser treatment that helps the skin stimulate collagen production which tightens and firms the face, neck and body while decreasing fine lines and wrinkles. It also improves the appearance of scarring, hyperpigmentation, stretchmarks, mild rosacea, and burn scars. Includes post-care copper peptides to promote healing.

\$700 for 4 treatments

Recovery: 3 days of no make-up

Dermaplaning

\$60

Dermaplaning is a safe, painless, and highly effective anti-aging and exfoliating procedure. With the use of a surgical blade in shaving-like motions, dead skin and vellus hair (peach fuzz) are removed. Up to two weeks worth of dead skin can be removed leaving the skin soft, even textured, and glowing. Even though your hair will grow back, it will not grow back darker, thicker, or more coarse in any way.

With the removal of dead skin and vellus hair your makeup will apply more smoothly and your hydrating and moisturizing products will penetrate deeper getting more results from your products. It also helps to reduce the appearance of fine lines, wrinkles, acne scars, age spots, and sun damage.

Facial Treatments

Signature Custom Facial \$60

1 hour facial using products selected especially for your skins particular needs, zoning in on wrinkles, fine lines, and uneven skin tone. Enjoy a deep cleanse, exfoliation, extractions, facial massage, specialty mask, appropriate serums, finishing with a moisturizer.

Leave feeling healthy, clean and hydrated!

(Neck, upper back, & shoulder massage included).

Mini Facial \$35

Hair Removal: Wax or Sugar

Sugaring is not new. It's an ancient method for removing hair made of organic sugar and calming herbs. The technique is actually the opposite of waxing resulting in less trauma to the skin and less ingrown hairs. You'll find smoother skin with less irritation which means you'll be your normal self sooner after sugaring.

Eyebrows \$10

Cheeks/ Sideburns \$10

Upper Lip \$8

Underarms \$15

Full Face (women) \$30

Half Arm \$25

Full Arm \$40

Half Leg \$25

Full Leg \$50

Basic Bikini \$25

Brazilian \$45

Back \$55